

GUIDING BODIES

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International Rules Currency

International Judo Federation (IJF) Rules and Regulations introduced after January of the year of a World Police and Fire Games competition **may** not be recognized by the Host and the World Police and Fire Games Federation, for conduct of the Judo competition, in that year.

EVENTS

MEN: Specific AGE Categories are:

- 18 +
- 30 +
- 40 +
- 50 + &
- 60 +

Extra lightweight	60 Kg & Under
Half lightweight	66 Kg & Under
Lightweight	73 Kg & Under
Half middleweight	81 Kg & Under
Middleweight	90 Kg & Under
Half heavyweight	100 Kg & Under
Heavyweight	Over 100 Kg

WOMEN: Specific AGE Categories are:

- 18 +
- 40 + &
- 60 +

Extra Lightweight	52 Kg
Lightweight	63 Kg
Middleweight	78 Kg

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Heavyweight **OFFICIALS**

Over 78 Kg

- 1 Tournament Director
- 1 Head Referee
- 1 Mat Referee per mat
- 2 Referees per mat
- 4 Timekeepers per mat
- 2 Contest Recorders Scorekeepers per mat
- 1 Announcer

The Contest Recorders must ensure that he/she is completely informed of the current IJF flag signs and signals in use to indicate the results of the contest.

MEDICAL

A doctor shall be at the Announcer's table for the duration of the Judo meet. A sports therapist, EMT or other similar professional is required to provide minor first aid treatment, such as taping and icing injuries. Basic medical supplies, such as a First Aid Kit, will be provided by the Host at each venue. Communications shall be available at each venue and preparations made in case it is necessary to summon emergency services.

Any doctor attending as an individual or team competitors' representative must apply and be accredited to have access to the competition area. Doctors must comply with the IJF Rules, Articles 29 and 30, relating to access to the competition area for injury, illness or accidents.

COMPETITORS' MEDICAL REQUIREMENTS: Prior to or during Host Registration all competitors must submit a Medical Release, signed by a licensed physician and based on a physical exam conducted within six months of competition. This release may take the form of a doctor's note stating the entrant's fitness to compete in a contact sport.

FACILITY

A large room with a staging area and warm-up area having separate rooms in which to change and weigh-in; with restroom facilities.

The facility shall be available for set-up the day before the meet begins, and the day after for tear down.

Many spectators can be expected. Seating should be adequate.

Means should be provided to keep spectators separated from competitors.

EQUIPMENT

ARTICLE 1 - Competition Area:

The competition area shall be a minimum of 14 Metres x 14 Metres and a maximum of 16m x 16m and shall be covered by Tatamis or similarly acceptable material.

The competition area shall be divided into two (2) zones.

The inner area shall be called the contest area and shall always be of a minimum of 8m x 8m or a maximum of 10m x 10m. The area outside the contest area shall be called the safety area and shall be a minimum of 3m wide.

The Contest Area will be one colour and the Safety Area will be a different colour. The colours are not defined.

A strip of white adhesive tape, approximately 10cm wide and 50cm long shall be fixed on the centre of the contest area 4m apart, to indicate the starting positions at which the contestants must start and end the contest. The white tape shall be to the referee's right and the blue to his left.

The competition area must be fixed to a resilient floor or platform (see Appendix below).

Where two (2) or more adjoining competition areas are used, a common safety area of 4m is necessary.

A free zone, a minimum of 50cm must be maintained around the competition area.

APPENDIX Article 1 – Competition Area

Tatamis:

Shall measure 1m x 2m or 1m x 1m, made of pressed foam.

They must be firm under foot, have the property of absorbing shock during *Ukemi*, and not be slippery or too rough.

These elements making up the surface for the competition must be aligned without space in between be smooth of surface and fixed in such a way that they cannot be displaced.

Platform

The platform is optional and must be solidly made of wood, while still having certain resilience and measuring approximately 18m x 18m and no more than 1m in height (generally 50cm or less). (When using a platform, it is recommended that the safety area should be 4m wide all around the competition area).

ARTICLE 2 – Equipment

a) Flags (Referee)

A blue and a white flag for the Referee to use shall be available close by the contest area (e.g. on the Technical Officials table).

b) Chairs and Interphones (Judges)

Two (2) lightweight chairs must be placed on the safety area at diagonally opposite corners of the contest area and in a position so as not to obstruct the Judges, Commission Members and the Contest Recorders view of the Scoreboard.

The Judges shall use interphones to communicate directly with the Referee, who will be wearing an earphone to receive the information in a timely fashion.

A blue and a white flag may be placed in a holster affixed to the Judges Chair, as a “back-up” system. Interphones have replaced flags, which have not always been observable to the Referee

c) Scoreboards

For each competition area there shall be one (1) scoreboard that indicates the scores horizontally, not exceeding 90cm in height and 2m in width, placed outside the competition area where they can be easily seen by the Referees, Commission members, officials and spectators.

Whenever electronic score boards are used, manual score boards must be available for control (see Appendix below).

d) Timing Clocks

There shall be timing clocks as follows:	Contest duration:	one (1)
	<i>Osaekomi</i> :	two (2)
	In reserve:	one (1)

Whenever electronic timing clocks are used, manual timing clocks must also be used to check their accuracy (see Appendix below).

e) Flags (Time Keepers)

Timekeepers shall use flags as follows:

Yellow:	Time out
Green:	<i>Osaekomi</i> duration

It will not be necessary to use the yellow and blue flags whenever an electronic display clock showing contest duration and *Osaekomi* duration is in use. However, these flags must be available in reserve.

f) Time Signal

There shall be a bell or similar audible device to indicate to the Referee the end of the time allotted for the contest.

g) Blue and White *Judogis* (Judo Uniforms)

The contestant shall wear either a blue or white *Judogi* (The first competitor called shall wear the white *Judogi*; the second shall wear the blue).

APPENDIX Article 2 – Equipment

Position of Scoreboard / Contest Sheet Writers / Timekeepers

The Contest Sheet Writers, Scoreboard Keepers and Timekeepers must be facing the Referee.

Distance of spectators

In general the spectators should not be permitted closer than 3m to the competition area (or platform).

Timing clocks and Scoreboards

The timing clocks must be accessible to those persons responsible for maintaining their accuracy, and they must be checked for accuracy at the start of and regularly during the competition. The scoreboards must meet the standards set by the IJF and should be at the disposal of the Referees as needed

The manual timing clocks must be used simultaneously with the electronic equipment, in case of failure of the electronic timing clocks. The manual scoreboards must be available in reserve.

ARTICLE 3 – Judo Uniform (*Judogi*)

The contestants shall wear a *Judogi* complying with the following conditions:

1. Strongly made in cotton or similar material, in good condition (without rent or tear). The material must not be so thick or hard or slippery as to prevent the opponent from taking a grip.
2. Blue in color for the second contestant and white or off-white for the first contestant.
3. (Acceptable markings, where a contest is eligible): Refer applicable subsection under ARTICLE 3 – Judo Uniform of IJF Rules.
4. The jacket shall be long enough to cover the thighs and shall, at a minimum, reach to the fists when the arms are fully extended downwards at the side of the body. The body of the jacket shall be wide enough to cross over at the level of the bottom to the edge with a minimum overlap of 20cm. The sleeves of the jacket must reach to the wrist joint at a maximum and 5cm above the wrist joint at a minimum.

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A space of 10-15cm shall exist between the sleeve and the arm (inclusive of bandages) on the entire length of the sleeve.

5. The trousers, free of any markings, shall be long enough to cover the legs and shall at a maximum reach to the ankle joint and at a minimum 5cm above the ankle joint. A space of 10-15cm shall exist between the trouser leg and the leg (inclusive of bandages) on the whole length of the trouser leg.

6. A strong belt, 4 to 5 cm wide, which color corresponds to the grade, shall be worn over the jacket at waist level and tied with a square knot, tight enough to prevent the jacket from being too loose and long enough to go twice around the waist and leave 20 to 30 cm protruding from each side of the knot when tied.

7. Female contestants shall wear under the jacket either:

- i. A plain white or off-white shirt with short sleeves and long enough to be worn
- ii. inside the trousers, or:
- iii. A plain white or off-white leotard with short sleeves.

Refer IJF Rules at APPENDIX Article 3 – Judo Uniform (*Judogi*) for further competitor requirements relating to *Judogis*.

Also refer to ARTICLE 4 and APPENDIX for IJF requirements re Hygiene at competitions.

SCORING

The Judo Competition will be conducted with the IJF Contest Rules refer ARTICLES 19 to 29 (inclusive) for the full International Judo Federation Contest Rules for the conduct and scoring of the WPFJG Judo Events.

COMPETITOR RESPONSIBILITY AFTER DECISION

After the referee has indicated the result of the contest, the contestants shall take one step backward to their respective blue and white tapes, make a standing bow and leave the competition area.

Once the referee has announced the result of the contest to the contestants, it will not be possible for the referee to change this decision after referee and judges have left the competition area.

Should the referee award the contest to the wrong contestant in error, the two judges must ensure that the referee changes this erroneous decision before referee and judges leave the competition area.

All actions and decisions taken in accordance with the “Majority of Three” rule by the referee and judges shall be final and without appeal.

BRACKETING

<u>2 competitors in any event</u>	<u>Best of Three Contests</u>
3 - 7 competitors:	Round Robin (Group Play); finals from results.
8 or more competitors:	Double Elimination Knock out system with direct repêchage (guarantees all competitors fights).

GENERAL SPORT RULES for Judo

ELIGIBILITY

1. Black and Brown belts only.
2. All competitors in Judo shall have an identification card, certificate or diploma authorized by credentialed school or instructor with them at the meet.
3. All competitors will be medically examined before weigh-in.

WEIGH-IN PROCEDURES

Weighing-in of the competitors shall not take place more than 24 hours prior to competition for the specific weight category.

The weigh-ins shall be conducted in a private room. The room will be available to the officials' 15 minutes before the start of the weigh-in.

An accurate IJF accredited scale shall be used. Two chairs and a table shall be provided for the officials to record the body weights. Scales will also be available at the Registration Centre.

DURATION OF CONTEST

Men; 18 years to 29 years (Formally OPEN), 30 years to 39 years (Formally SENIOR) &, 40 years to 49 years (Formally MASTER): five (5) minutes real contest time
Men; 50 years and Over (Formally GRAND MASTER): four (4) minutes real contest time
All Women: four (4) minutes real contest time

Any contestant is entitled to rest between contests for a period of 10 minutes.

TIME OUT

The time signaled between the announcement of “*Matte*” and “*Hajime*” and between “*Sonomama*” and “*Yoshi*” by the referee shall not count as part of the duration of the contest.

TIME SIGNAL

The end of the time allotted for the contests shall be indicated to the referee by the ringing of a bell or other similar audible method.

When using several competition areas at the same time, the use of VARYING audible devices is required. The time signal must be sufficiently audible to be heard over the noise of the spectators.

START OF CONTEST

Before the start of each contest the referee and judges shall stand together inside the limits of the competition area (and centered) and shall bow to *Joseki* before taking their places. To leave the competition area, they also must bow toward *Joseki*.

The contestants shall stand facing each other on the Contest Area at the assigned blue or white tape corresponding to the sash (uniforms) they are wearing. After the contestants have made the standing bow and taken one step forward, the referee must announce “*Hajime*” to start the contest.

The contest shall always begin in the standing position.

Only the members of the Refereeing Commission may interrupt the contest.

The contestants must bow to each other at the beginning and end of the contest. If the contestants do not bow, the referee must announce “*Rei*.”

BOWING PROCEDURE

The following Bowing Guide is adapted from the I.J.F. Bowing Guide.

A part of the etiquette of Judo, the *rei*, is a tradition which reflects the respect and discipline that permeates the unique activities of the sport. Refer to the IJF Bowing Guide for further details as bowing should be followed in a respectful fashion.

All standing *rei* should be at an angle of 30 degrees as measured at the waist.

(a) At start of competition.

- (i) At the beginning of each session of the competition, the first three referees, with the referee between the two judges, shall proceed to the perimeter of the Safety Area, centered and opposite *Joseki*. There they shall perform a standing bow towards *Joseki*.
- (ii) They shall then move forward to the Danger Zone of the Contest Area where they shall again bow toward *Joseki* and bow to each other. They shall then proceed to their respective starting positions.

(b) Referee changing position with judge.

At the end of a contest, should the referee be required to change positions with one of the judges, so that now the judge will become referee, the referee and judge should

approach each other on the Danger Zone, exchange a standing bow when they meet and then proceed to their respective starting positions.

(c) At start of contest:

After the first three officials of any session have performed the bowing procedure as in (a) (i) and (ii), subsequent officials should proceed to the perimeter of the Safety Area and perform the bowing procedures as in (a) (i) only, and then proceed to their respective starting positions.

(d) End of a contest:

At the end of a contest, should the three officials be required to leave the competition area, they should return to the position as defined in (a) (i), bow towards *Joseki* and then leave the competition area.

(e) End of competition;

At the end of the last contest of the session, the three officials shall proceed to the position as defined in (a) (i), bow again towards *Joseki*, then leave the competition area.

END OF CONTEST

The referee shall announce “*Sore-made*” and end the contest:

- (a) When one contestant scores *Ippon* or *Waza-ari awasete Ippon*.
- (b) In the case of *Sogo-gachi* (compound win).
- (c) In the case of *Fusen-gachi* (win by default) or *Kiken-gachi* (win by withdrawal).
- (d) In the case of *Hansoku-make* (disqualification).
- (e) When one contestant cannot continue due to injury.
- (f) When the time allotted to the contest has expired (see *Hanei*).
- (g) Upon the announcement of “*Sore-made*” by the referee, the contestants shall return to their starting positions.
- (h) Golden Score:
 - . When the time allotted for the contest ends and there is no score or the scores for each player are equal the result of the contest shall be decided by a Golden Score
 - . The referee calls *Sore-made* and the time clock shall be reset as if for a new contest (the extended time will be the same as for the previous contest).
 - . Any scores, penalties even medical registration shown of the scoreboard shall be cancelled, fully reset.
 - . The referee shall restart the contest in the normal way by calling “*Hajime*”. There will be no rest period between the end of the original contest and the start of the Golden Score contest.
 - . The first score or the first penalty awarded shall decide the contest. The contest ends immediately when there is a score. The result of the Golden Score contest shall be written on the fight sheet. For the result of the fight will only count the technique (or penalty) applied during the Golden Score time.
 - . In the case of the *Ne-waza* where a player is being held and *Osaekomi* has been called, the referee will allow the hold down to continue for the 10 seconds – 19 seconds

valid and 20 seconds *Ippon*, until the *Osaekomi* is broken (*Toketa*) or a *Shime-waza/kansetsu-waza* is applied by either *Tori* or *Uke* with immediate result. In this case, the competitor has won by the points according the reached score.

. If during Golden Score time, a direct *Hansoku-make* is awarded, the result for the penalized player will have the same consequences as during a normal fight.

. If the Golden Score extension contest goes the full distance without a score (or penalty) then the result shall be decided by the referee and two judges, who will indicate the winner – after calling “*Hantei*” – by raising the appropriate colored flag. In this case, the referee and judges will only take into consideration the action and *Kinsa* produced during Golden Score time; the previous fight will not count at all for that *Hantei*. This shall be indicated, on the contest sheet as a *Hantei* win (1 point).

PROHIBITED ACTS AND PENALTIES

The division of infringements, into 2 groups, is intended as a guide to give clearer understanding to all of the relative penalties normally awarded for committing the applicable prohibited act. When the penalties total up to 3 points , the competitor will be disqualified.

Penalties are not cumulative. Each penalty must be awarded at its own value. The awarding of any second or subsequent penalty automatically cancels any earlier penalty. Whenever a contestant has already been penalized, any succeeding penalties for that contestant must always be awarded at least in the next higher value than his/her existing penalty.

Whenever a referee awards a penalty, he/she should demonstrate the reasons for the penalty with a simple action.

A penalty can be awarded after the announcement of “*Sore-made*” for any prohibited act committed during the time allotted for the contest or, in some exceptional situations for serious acts committed after the signal to end the contest if the decision has not been given.

DEFAULT and WITHDRAWAL

The decision of *Fusen-gachi* shall be given to any contestant whose opponent does not appear for his/her contest. A contestant who is not at his/her starting position after three (3) calls at one (1) minute intervals, will forfeit the contest.

The Referee must be sure before awarding *Fusen-gachi* that he has received the authority to do so by the Refereeing Commission.

The decision of *Kiken-gachi* shall be given to any contestant whose opponent withdraws from the competition for any reason, during the contest.

INJURY, ILLNESS or ACCIDENT

The decision of the contest where one contestant is unable to continue because of injury, illness or accident during the contest shall be given by the Referee after consultation with the Judges according to the following clauses:

(a) Injury

- (i) Where the cause of the injury is attributed to the injured contestant he/she shall lose the contest.
- (ii) Where the cause of the injury is attributed to the uninjured contestant the uninjured contestant shall lose the contest.
- (iii) Where it is impossible to determine which of the contestants was the cause of injury, the contestant unable to continue shall lose the contest.

(b) Sickness

Generally, where one contestant is taken sick during a contest and is unable to continue, he/she shall lose the contest.

(c) Accident

Where an accident occurs which is due to an outside influence (force majeure), after consulting with the Referee Commission, the contest shall be considered cancelled or postponed. In those cases of 'force majeure', the Sports Director, the Sports Commission and/or the IJF Jury will make the final decision.

MEDICAL EXAMINATIONS

- a) The Referee shall call the Doctor to attend to a contestant who has received a severe impact to the head or back (spinal column), or whenever the Referee has reason to believe there may be a grave or serious injury. In either case the Doctor will examine the contestant in the shortest time possible and indicate to the Referee whether the contestant can continue or not.
If the Doctor, after examining the injured contestant, advises the Referees that the contestant cannot continue the contest the Referee, after consultation with the Judges, shall end the contest and declare the opponent to be the winner by *Kiken-gachi*.
- b) The contestant may ask the Referee to call for the Doctor, but in this case the contest is terminated, and his opponent shall win by *Kiken-gachi*.
- c) The Doctor may also ask to attend to his contestant, but in this case the contest is terminated, and his opponent shall win by *Kiken-gachi*.

BLEEDING INJURIES

When a bleeding injury occurs, the Referee shall call the Doctor to assist the contestant in stopping and isolating the bleeding.

In cases of bleeding, for health reasons, the Referee shall call the Doctor; the contestant is not allowed to compete while bleeding.

However, the same bleeding injury, may be treated by the Doctor on two (2) occasions. The third (3) time that the same bleeding injury occurs, the Referee, after previous consultation with Judges, shall end the contest for the contestant's own safety and he shall declare the opponent to be the winner by *Kiken-gachi*.

In any case where the bleeding cannot be contained and isolated, the opponent shall be the winner by *Kiken-gachi*

Minor Injuries

A minor injury may be treated by the contestant himself.

For example in the case of a dislocated finger, the Referee shall stop the contest (by calling *Mate* or *Sono-mama*) and allow the contestant to reset the dislocated finger. This action should be done immediately with no assistance from the Referee or the Doctor and the contestant can continue in the contest.

The contestant will be allowed to reset the same finger on two (2) occasions. If the same dislocation occurs a third (3) time, the contestant shall not be considered to be in condition to continue in the contest. The Referee, after previous consultation with Judges, shall end the contest and declare the opponent to be the winner by *Kiken-gachi*.

APPENDIX Article 29 – Injury, Illness or Accident

If during the contest a contestant is injured due to an action by the opponent and the injured contestant cannot continue, the Referee should analyse the case and make a decision based on the rules. Each case shall be decided on its own merit.

Generally only one (1) Doctor for each contestant is allowed on the competition area. Should a Doctor require an assistant(s), the Referee must first be informed.
The coach is never allowed on the competition area.

When the Doctor is called, the Judges shall remain seated and observe the situation. Only the Referee shall draw near to the injured contestant to ensure that the assistance provided by the Doctor is within the rules. The Judges should help the doctor but the referee should remain standing in the middle of competition area.

However the Referee may call the Judges in case he needs to comment on any decision.

Medical Assistance

Relating to:-

- a) **In a minor injury &**
- b) **In a bleeding injuries**

shall be administered as per the IJF Rules. Any treatment outside the provisions provided for minor and bleeding injuries will result in the opponent being awarded the contest by *Kiken-gachi*.

SITUATIONS NOT COVERED BY THE RULES

Where any situation arises which is not covered by these rules, it shall be dealt with and a decision given by the referee after consultation with the Refereeing Commission.

DISCIPLINARY ACTION / INTERVENTION

The WPFGE may impose Disciplinary Action on any person or persons under the auspices of the WPFGE and may take immediate action known as Intervention, for violations of WPFGE Rules, for reasons of safety or security or for inappropriate or unprofessional conduct not in the best interest of the WPFGE.

Allegations of Misconduct/Incidents that do not require immediate Intervention will follow the “APPEALS AND PROTESTS” section of the GENERAL RULE Book or may be independently brought by the WPFGE.

AWARDS

Medals are awarded First through Third Place (with dual bronze medals for 3rd). A maximum of 47 Gold and Silver medals and 94 Bronze Medals will be required for the Judo Competition.

WPFGE will advise you of the number of sets needed based on total entries, plus a reasonable margin.

ATTENTION COORDINATORS

**THE WPFGE GENERAL RULES APPLY TO ALL SPORTS.
YOU MUST BE FAMILIAR WITH ITS CONTENTS.**

**PRECISE RESULTS MUST BE FORWARDED
TO THE HOST COMMITTEE IMMEDIATELY FOLLOWING THE
CONCLUSION OF THIS SPORT**

The WPFGE Director assigned to your sport is knowledgeable and experienced in providing assistance during the preparation and running of the sport. Questions, a detailed accounting of your preparations, and any area requiring approval of the WPFGE shall be submitted in a timely manner to this WPFGE Director.

The WPFGE Directors want to work with you to make your sport a success.

PLEASE USE THE WPFGE DIRECTORS AS A RESOURCE.